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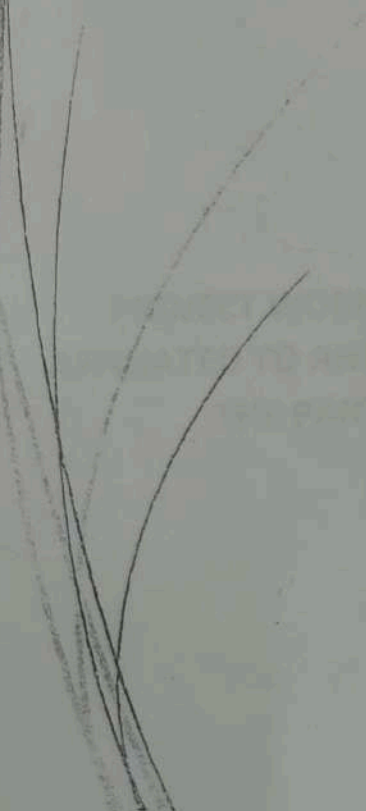
N. Kumar

UNIVERSITY OF APPLIED SCIENCES AND
TECHNOLOGICAL AREAS



Program Book

Community Service Project



AP STATE COUNCIL OF HIGHER
EDUCATION

(A STATUTORY BODY OF GOVERNMENT OF ANDHRA PRADESH)

**SURVEY ON FOOD HABITS AT MVP COLONY AND
VENKOJIPALEM AREAS**

BY

NARAVA KUMARI

REGD.NO:: 720130805242



Estd : 1860

**PROJECT WORK SUBMITTED TO MRS. A.V.N COLLEGE,
AFFILIATED TO ANDHRA UNIVERSITY, VISAKHAPATNAM FOR
THE PARTIAL FULFILMENT OF DEGREE OF**

BACHELOR OF SCIENCE

2020 – 2023

DECLARATION

I, **NARAVA KUMARI**, Student of II B.Sc – C.B.Z, Mrs. A.V.N College, affiliated to Andhra University here by declared that this project entitled “**Survey on Food Habits MVP Colony and Venkojipalem area**” is a genuine work carried out by me under the guidance of **Dr.A.ARCHANA**, HOD in Zoology, Mrs.A.V.N College, Visakhapatnam, Andhra Pradesh. Furthermore, this project work was not submitted to any other institution or University for awarding any Degree.

DATE:

PLACE: Visakhapatnam

Narava Kumari
Name & Signature of the student

Program Book
for
Community Service Project

Name of the Student: NARAVA KUMARI

Name of the College: MRS. A.V.N. COLLEGE

Registration Number: 720130802242

Period of CSP: From: 01/10/22 To: 15/11/22

Name & Address of the Community/Habitation: M.V.P colony sector 6, 530043,
Venkajpalem, Visakhapatnam, Andhra,
Pradesh

Instructions to Students for Community Service Project

Please read the detailed Guidelines on Community Service Project hosted on the website of AP State Council of Higher Education <https://apsche.ap.gov.in>

Link:
<https://apsche.ap.gov.in/Pdf/Guidelines%20for%20the%20OJT%20Internship%20Community%20Service%20Project.pdf>

1. It is mandatory for all the students to complete 2 months (180 hours) of Community Service Project as a part of the 10 month mandatory internship/on the job training.
2. Consider yourself as a committed volunteer in the community, you work with.
3. Every student should identify the village/community/habitation for Community Service Project (CSP) in consultation with the College Principal/the authorized person nominated by the Principal.
4. Report to the community/habitation as per the schedule given by the College. You must make your own arrangements of transportation to reach the community/habitation.
5. You will be assigned with a Faculty Guide from your College. He/She will be creating a WhatsApp group with your fellow volunteers. Post your daily activity done and/or any difficulty you encounter during the programme.
6. You should maintain punctuality in attending the CSP. Daily attendance is compulsory.
7. You are expected to learn about the community/habitation and their problems.
8. Know the leaders and the officials of the community/habitation.
9. While in project, always wear your College Identity Card.
10. If your College has a prescribed dress as uniform, wear the uniform daily.
11. Identify at least five learning objectives in consultation with your Faculty Guide. These learning objectives can address:
 - Information about the community, including the realities and problems of the society.
 - Need for creating awareness on socially relevant aspects/programs.
 - Acquiring specific Life Skills.
 - Learning areas of application of knowledge and technologies related to your discipline.
 - Identifying developmental needs of the community/habitation.

12. Practice professional communication skills with team members, and with the leaders and officials of the community. This includes expressing thoughts and ideas effectively through oral, written, and non-verbal communication, and utilizing listening skills.
13. **Be regular in filling up your Program Book. It shall be filled up in your own handwriting. Add additional sheets wherever necessary.**
14. At the end of Community Service Project, you shall be evaluated by the person in-charge of the community/habitation to whom you report to.
15. There shall also be evaluation at the end of the community service by the Faculty Guide and the Principal.
16. Do not indulge in any political activities.
17. Ensure that you do not cause any disturbance to the inhabitants or households during your interaction or collection of data.
18. Be cordial but not too intimate with the persons you come across during your service activities.
19. You should understand that during this activity, you are the ambassador of your College, and your behavior during the community service programme is of utmost importance.
20. If you are involved in any discipline related issues, you will be withdrawn from the programme immediately and disciplinary action shall be initiated.
21. Do not forget to keep up your family pride and prestige of your College.
22. Remember that you are rendering valuable service to the society and your role in the community development will become part of the history of the community.

Community Service Project Report

Submitted in accordance with the requirement for the degree of.....

Name of the College: MYS. A.V.N COLLEGE

Department: ZOOLOGY

Name of the Faculty Guide: Dr. A. Achana

Duration of the CSP: From 1/10/22 To 15/11/22

Name of the Student: NARAVA KUMARI

Programme of Study BSC, Chemistry, Botany, zoology

Year of Study: 2021 to 2023

Register Number: 720130805242

Date of Submission:

Student's Declaration

I, N. Kumari student of B.Sc. Program, Reg. No. 72013030510 of the Department of Zoology, Mrs. A.V.N. College do hereby declare that I have completed the mandatory community service from 10/11 to 25/11/2022 in M.V.P. Colony (Name of the Community/Habitation) under the Faculty Guideship of A. Archana (Name of the Faculty Guide), Department of Zoology in M.R.S. A.V.N. College

N. Kumari
(Signature and Date)

Endorsements

Faculty Guide A. Archana

Head of the Department A. Archana

PRINCIPAL
Mrs. A.V.N. COLLEGE
VISAKHAPATNAM

Certificate from Official of the Community

This is to certify that N. K. MARI (Name of the Community Service Volunteer) Reg. No. 72013089524 of MRS. A. V. M. (Name of the College) underwent community service in M.V.P. Colony (Name of the Community) from M.V.P. Colony to N.R.K. Kojipalem

The overall performance of the Community Service Volunteer during his/her community service is found to be (Satisfactory/Good).



ACKNOWLEDGEMENTS

My sincere efforts have made me to accomplish the task of completing this project.

I am highly indebted to the faculty guide Mr. Dr. Archana for his guidance and constant supervision as well as for providing necessary information regarding the project and also for his support in completing the project.

I would like to express my gratitude towards my parents for their kind cooperation and encouragement which helps me in the completion of this project. My thanks and appreciation also go to my teammates, M. Eswari, P.S.D.V. Bhuvana, P. Sanj, P. Praveen Kumar for helping the project and to the people who have willingly helped me get out with their abilities.

At last, I end up by expressing my special gratitude and thanks, to M.V.P sector 6 colony people for giving me such attention and time.

Night dinner

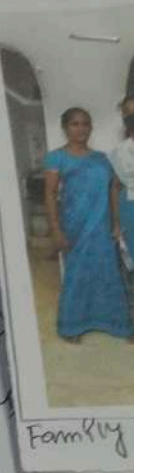
- 1) ಮುಖ್ಯ Night dinner ವಿ time 3 ಒಂದೇನು
9 '0' clock
- 2) Night time dinner ಎಲ್ಲವನ್ನೂ ಒಂದೇನು ಉಳಿದ ಒಂದೇನು
NO
- 3) Night dinner ಏನು ಖಾತಿರವಾಗಿ ಒಂದು ಒಂದೇನು
sweets

Fruits

- 1) ಮುಖ್ಯ ಫ್ರೂಟ್ ಒಂದೇನು
Yes
- 2) ಫ್ರೂಟ್‌ನಲ್ಲಿ ವಿವಿಧವು ಎಲ್ಲವನ್ನೂ ಒಂದು ಒಂದೇನು
Orange, Apple, Banana
- 3) ಮುಖ್ಯ dry fruits ಏನು ಖಾತಿರವಾಗಿ
Yes
- 4) dry fruits ಎಲ್ಲವನ್ನೂ ಒಂದು ಒಂದೇನು
Yes

out bread

- 1) ಮುಖ್ಯ ಬಾಡ್ ಬ್ರೆಡ್ ಪಿ ಎಲ್ಲವನ್ನೂ ಒಂದು ಒಂದೇನು
Yes
- 2) ಮುಖ್ಯ ಬಾಡ್ ಬ್ರೆಡ್ ಏನು ಒಂದೇನು
Yes
- 3) out bread ಬ್ರೆಡ್ ನಲ್ಲಿ ವಿವಿಧ ಎಲ್ಲವನ್ನೂ ಒಂದೇನು
noddles, panipatti, hot chat
- 1) ಮುಖ್ಯ ಬಾಡ್ ಬ್ರೆಡ್ ಏನು ಒಂದು ಒಂದೇನು ಒಂದು, ಒಂದು ಒಂದೇನು
Yes



Family

Att

- 1) ಮುಖ್ಯ
- 2) ಮುಖ್ಯ
- 3) ಮುಖ್ಯ
- 4) ಮುಖ್ಯ
- 1)
- A)
- 2)
- 3)



Family members - 2

APUNA

3'

male

0-3/33

secta '6'

Honary

3' కుటుంబ విధి అనుమతం

Free

వి time 3' అయితే

), అనుమతికి అనుమతం? (అవును/లేదు)

అయితే? అనుమతం అయితే
అయితే.

Afternoon lunch:

1) పురు lunch వి time 3' అనుమతం

12'o' clock

2) అనుమతి అనుమతం వి అయితే అయితే? అనుమతం? అనుమతం?

అనుమతం

3) పురు అనుమతం, అనుమతం వయస్కి అయితే?

Yes

4) పురు అనుమతి అనుమతం అయితే?

Yes

Evening snacks:

1) evening snacks అనుమతం?

NO

2) evening time వి అనుమతం

TEA (3) coffee

3) TEA (3) coffee వి time 3' అనుమతం?

4 : 30 PM

- Night dinner:-
- 1) మీరు Night dinner ఏ time కి తింటారు?
 - 2) Night time dinner తింటారా? తప్పక తింటారు.
 - 3) Night dinner చీరం తింటారు? NO
 - 4) Night dinner చీరం తింటారు? తప్పక తింటారు?

- Fruits:-
- 1) మీరు ఫ్రూట్స్ తింటారు? YES
 - 2) ఫ్రూట్స్ ఏవేవైనా తింటారు? Apple, grapes, orange
 - 3) మీరు dry fruits తింటారు? YES
 - 4) dry fruits తింటారు? తప్పక తింటారు?

- out foods:-
- 1) మీరు వాటర్ ఫుడ్స్ తింటారు? YES
 - 2) మీరు బెక్డ్ ఫుడ్స్ తింటారు? YES
 - 3) out foods లో ఏవి తింటారు? Noodles, fried rice, panipuri
 - 4) మీరు వాటర్ ఫుడ్స్ తింటారు? YES
 - 5) shop లో బెక్డ్ లయ్స్, kuskus, వాటర్ తింటారు? YES

- Night dinner:-
- 1) ಹುರು Night dinner ವಿ time 3 ಊಟವು
 - 2) Night time dinner 3 rice ಊಟವು Tiffin ಊಟವು
 - 3) Tiffin ಊಟವು ವಿಷಯ ಊಟವು ಉಪಯುಕ್ತವು
 - 4) Night dinner Chapath ಊಟವು ಉಪಯುಕ್ತವು ಊಟವು
 Yes - Banana

- Fruits:-
- 1) ಹುರು fruits ಊಟವು
 - 2) ಹುರು fruits ಊಟವು Yes ವಿಷಯ ಊಟವು ಉಪಯುಕ್ತವು
 - 3) ಹುರು dry fruits ಊಟವು ಉಪಯುಕ್ತವು ಉಪಯುಕ್ತವು
 - 4) ಹುರು dry fruits ಊಟವು ಊಟವು Yes ಊಟವು ಉಪಯುಕ್ತವು

- out foods:-
- 1) ಹುರು ಹುರು ಊಟವು ಉಪಯುಕ್ತವು ಉಪಯುಕ್ತವು
 - 2) ಹುರು ಹುರು ಊಟವು ಉಪಯುಕ್ತವು
 - 3) ಹುರು out foods ಊಟವು ಉಪಯುಕ್ತವು ಉಪಯುಕ್ತವು
 hot chat, panipoti, noodley
 - 4) ಹುರು ಊಟವು ಉಪಯುಕ್ತವು
 Yes



Student Self-Evaluation for the Community Service Project

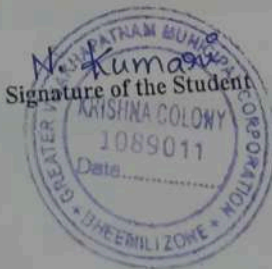
Student Name: NARAVA KUMARI
 Registration No: 720130805242
 Period of CSP: From: 01/11/2022 To: 15/11/22
 Date of Evaluation:
 Name of the Person in-charge: Dr. A. Acharya, H.O.D of Zoology
 Address with mobile number: Nizakhatnam 6309061797

Please rate your performance in the following areas:

Rating Scale: 1 is lowest and 5 is highest rank

	1	2	3	4	5
1) Oral communication					✓
2) Written communication					✓
3) Proactiveness					✓
4) Interaction ability with community					✓
5) Positive Attitude				✓	
6) Self-confidence					✓
7) Ability to learn				✓	
8) Work Plan and organization					✓
9) Professionalism					✓
10) Creativity					✓
11) Quality of work done					✓
12) Time Management					✓
13) Understanding the Community					✓
14) Achievement of Desired Outcomes				✓	
15) OVERALL PERFORMANCE					✓

Date:



 Signature of the Student
 KRISHNA COLONY
 1089011
 Date:

Evaluation by the Person in-charge in the Community/Habitation

Student Name: **NARAVA KUMARI**
 Registration No: **720130805242**
 Period of CSP: From: **01/11/22** To: **15/11/22**
 Date of Evaluation:
 Name of the Person in-charge: **Dr. A. Archana, H.O.D of Zoology**
 Address with mobile number: **Visakhapatnam, 6309061797**

Please rate the student's performance in the following areas:

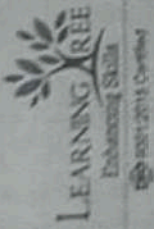
Please note that your evaluation shall be done independent of the Student's self-evaluation

Rating Scale: 1 is lowest and 5 is highest rank

	1	2	3	4	5
1) Oral communication					5
2) Written communication	1	2	3	4	5 ✓
3) Proactiveness	1	2	3	4	5
4) Interaction ability with community	1	2	3	4	5 ✓
5) Positive Attitude	1	2	3	4	5
6) Self-confidence	1	2	3	4	5
7) Ability to learn	1	2	3	4	5 ✓
8) Work Plan and organization	1	2	3	4	5 ✓
9) Professionalism	1	2	3	4	5
10) Creativity	1	2	3	4	5 ✓
11) Quality of work done	1	2	3	4	5
12) Time Management	1	2	3	4	5 ✓
13) Understanding the Community	1	2	3	4	5
14) Achievement of Desired Outcomes	1	2	3	4	5 ✓
15) OVERALL PERFORMANCE	1	2	3	4	5

G. Madhuri
Signature of the Supervisor

Date:



Internship Completion Certificate

This is to certify that

NARAVA KUMARI

Mrs. A. V. N. College

has successfully completed 08 weeks

AI-ML Internship

During Sep-Nov 2022

Supported By Learning Tree

Mrs. A. V. N. College
Visakhapatnam, Andhra Pradesh

